

APPLIED GENERAL LEVEL 3 SPORTS AND EXERCISE SCIENCES

VTCT National Certificates and Diplomas in Sport and Exercise Sciences

Route to higher education

These qualifications have been specifically designed for 16 to 19 year-olds to prepare learners for higher education (HE).



Optional units

The structure of these qualifications provides an opportunity for learners to select the optional units of most interest, and which best support progression to higher education study programmes that support their chosen career path.

Equipment required

This depends on the optional units taken. Typically, training providers must have access to the physical resources needed to support programme delivery.



Progression

The suite supports learners to develop academic and study skills that will **support progression to higher education** within sport and sport science related sectors. It also aims to develop a range of technical skills and attributes which will **support a career in sport and active leisure**.



Why choose this qualification?

Through undertaking these qualifications, learners will **develop core and transferable skills** such as:

- Critical thinking and reflection of self-performance and work produced
- Use of initiative, planning and researching skills, self-management, self-motivation and the ability to work independently and as part of a team
- Innovation and creativity
- Application of knowledge and understanding to real life examples
- Problem solving



Assessment methods

Learners must complete the following assessments:

- External exams (externally set, externally marked)
- Synoptic research project (externally set, internally marked)
- Internal mandatory assignments (externally set, internally marked)



The mandatory units contribute to 100% of the overall grade as these are the units that are seen as a priority requirement for underpinning knowledge at higher education. Mandatory units contain elements of academic learning combined with transferable skills sought after by HE institutions (e.g. research methods).

Example salaries (in 2019)

- Assistant leisure centre duty manager: £18-23K
- Strength and conditioning coach: £25K average, £30-40K if with high level sports clubs
- Sports therapist: £17-30K
- Sports coaches £15-25K for local authority coaches, £30-35 for professional sports clubs